

Circle those you experience frequently:

Difficulty hearing

General: Plugged feeling Bumps/lumps Poor appetite Other Eczema Excessive appetite Allergies Insomnia Nose: Ulcers Daytime sleepiness Infection Brittle/dry hair Fatigue Pressure/pain Thinning hair Fever Runny Other Night sweats Bleeding Chills Dry Head/Neck: Weak constitution Allergy Dizziness Chelling Dizziness Other Recurrent colds Stiff neck Persistent thirst Throat: Vertigo Anemia Infection Headaches Other Migraines Itchy Enlarged lymph nodes Eyes: Difficulty swallowing Concussions Infection Hoarse Other Blurred vision Other Cardiovascular: Poor night vision Mouth: High/Low BP Spots/floaters Sores Blood clots Cataracts Dry Chest pain Dry Chest pain			
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Ears: Other	Ears:	Skin/Hair:	•
Infection Itchy	Infection	•	
Ringing Dry	Ringing	•	

Boils/pus

Respiratory:	Kidney stones	Hostility
COPD	Other	Excessive joy
Asthma		Excessive worry
Cough	Musculoskeletal:	ADD/ADHD
Coughing blood	Neck pain	Other
Productive phlegm	Back pain	
Nonproductive phlegm	Muscle/Joint Pain	Misc. autoimmune (not
Pneumonia	Upper limb pain	listed elsewhere):
ТВ	Lower limb pain	MS
Other	Trunk pain	Lupus
	Osteoarthritis	Rheumatoid arthritis
Gastrointestinal:	Fibromyalgia	Sjogren's
Nausea or vomiting	Other	Graves'
Frequent belching		Hashimoto's
Constipation or diarrhea	Neurological:	Diabetes (type 1)
Blood in stools	Paralysis	Addison's
Black tarry stools	Nerve pain	Cushing's
Hemorrhoids	Seizures	Psoriasis
Bad breath	Tremors	Scleroderma
Pain or cramps	Numbness/tingling	Pernicious anemia
Indigestion	Confusion	Other
Gas	Cognitive issues	
Gallstones	Dementia	
Celiac	Alzheimer's	
IBD/Crohn's	Bell's palsy	
IBS	Other	
Other		
	Psychological:	
Genitourinary:	Depression	
Pain with urination	Irritability	
Freq/urgent urination	Anxiety	
Blood in urine	Stress	
Inability to urinate	Mood swings	
Dribbling urination	Grief	

Anger

Retention of urine